



Sponsored by **Wholly Cow Ice Cream** and **Island Coffee!**
 Celebrating 26 years supporting the communities we touch
 Routes from 60-5 miles, with Rest Stops & Support
 All routes are "out and back" so personalize the course to enjoy any comfortable distance.
March 20, 2010 Awendaw, SC
 Sewee Outpost, 10 Miles N of Mt Pleasant, SC

Entry fee includes rest stops, support, as well as tastes of Wholly Cow Ice Cream and awesome Island Coffee at the start and finish. Coffee will be served at the start from 8:00am and ice cream will be available at finish, ending at 2pm. *Route is on Rural paved roads open to traffic.* **APPROVED helmets are required.** Riders must obey SC LAWS. Release of liability required before start and to participate, ID is required to complete release. RAIN OR SHINE—no REFUNDS. Rest Stops open at 9:00AM; course closes at 2PM. Official start at 8:30AM, or show and go, Family ride starts at 10:30AM T-shirts only avail. w/on line sign up ??Charles 843.303.3334 x123 ?Charles@FoxMusicHouse.com

RIDE Saturday March 20, 2010 OFFICAL start at 8:30AM Fun Ride official start at 10:30AM
DETAILS ALL Starts at Sewee Outpost, the large parking lot, RT Side of BIG building, large grass parking lot 4853 Hwy 17N, Awendaw, SC 29429 LAT 32.92756177924229 LNT -79.71251070462039

- SIGN UP OPTIONS
1. Online at <http://www.microroaster.com/Double Dip Bike Ride.htm> or www.IslandCoffee.com bottom page
 2. Email santa@festivelo.org for a paper form to mail in or copy this form, and share with others, please.
 3. LEGIBLY fill in form below and postmark by **MARCH 13** (see below for early-bird discount)
 4. Walk Ups welcome Saturday, March 20th at 8:00AM large parking lot to rt of Sewee Outpost.

FEES \$20 by February 28 — T-shirts only avail. w/on line sign up, No T-shirt with mail in registration, sorry.
 \$25 If postmarked by March 13
 \$40 Walk up March 20 at Sewee Outpost, 10 miles N of Mt Pleasant Towne Centre Shopping Center
 \$20 Fun ride, \$25. walk up on Sat or Sun)

*There is a small processing fee that active.com charges for online sign up



DEADLINES:

Your registration must be postmarked by March 13 in order to qualify for non-walkup price. Online registration closes March 13. After that, you are welcome to walk up, 3/20, Sat at Sewee Outpost
NO REFUNDS — Rain or Shine



PRIZES ICE CREAM eating contest @ 12pm – FREE massages – COFFEE SACK RACE— entertainment and more!

One form per rider, per person. Approved helmets REQUIRED. Remember to bring your ID on the day of the ride for a mandatory waiver
KEEP TOP PORTION. CUT AND MAIL PORTION BELOW WITH CHECK MADE PAYABLE TO "WHOLLY COW" MAIL TO:
3005 W MONTAGUE AVENUE, NORTH CHARLESTON, SC 29418
 (please print slowly and with care)

Name (First / Last) _____ Over 18 _____ Gender _____ (please
 yes no male female circle)

Address: _____

City: _____ State _____ Zip _____

Phone: day (_____) _____ Evening (_____) _____

Email: _____

I plan to ride:
 60 30 15 <5
 (please circle)

(you will ONLY receive a confirmation by email- so pls write so we can read, thank you)

911 Contact Name: _____ 911 phone: _____ On ride?
 Yes No
 (please circle)

Please mail a check payable to **"Wholly Cow" 3005 W Montague Ave., N Charleston, SC 29418**. You will only receive confirmation via email; make sure email address is legible. Walk up registration for LONGER routes is \$40 at 8:00 and at 10:00 for Fun Ride at \$25, All start at **Sewee Outpost** parking lot, to RT of big building, Saturday 3/20. Walk up on Sat for longer routes at 8:00, & for short route at 10:00.

Volunteers needed for rest stops, packet pick up at mall, walk up start, SAG drivers, and course marshals. If you would like to volunteer please email charles@foxmusichouse.com or call 843 303 3334.
THANK YOU ... Happy and Safe Riding!